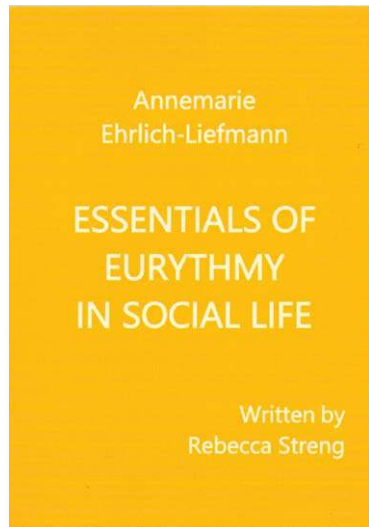


Rebecca Streng:
Annemarie Ehrlich-Liefmann
Essentials of Eurythmy in Social Life



Zu beziehen über den
Berufsverband Eurythmie
e.V., Kosten 10.- € zzgl.
Porto. Bestellung an:
sorge@eurythmie.net

Ein Büchlein mit 60 Seiten im Postkarten-Format – das passt in jede Jackentasche, wiegt 250gr und kann zum treuen Begleiter werden.

Geschrieben von Annemaries Urenkelin Rebecca, zurzeit nur in englischer Sprache zu haben.

Red.

Preface

Though I rejected eurythmy as most school children do, it has followed me home. Living with Annemarie Ehrlich, who is my great-grandmother, eurythmy was a much-discussed subject at the kitchen table. We often talked about the role of eurythmy in the world and how it seemed to lose touch with the younger generation.

When I accompanied Annemarie on two trips to Ukraine, I got to experience eurythmy as a healer and an awakening force. It brought me closer to myself, and the people around me. Having the privilege of being so close to my great-grandmother and receiving some of her wisdom, I have experienced how powerful eurythmy can be when we use it to strengthen our consciousness and our social awareness. We are never alone, and we need others around us. Therefore, we also have a responsibility to contribute to a world where we are mindful and respectful of each other.

Writing this small book has been an honour and has once again brought us closer together, through the many conversations we had. We have tried to capture Annemarie's take on eurythmy, which has always been one of social accountability. I truly hope that this book can guide you in your practice and help you bring light into the world - without losing touch with the earth.

Rebecca Streng